

Central MN Mental Health Center

Presents

Bearing Witness: Traumatic Stress

Presented by: Angela Lewis-Dmello, MSW, LICSW

This presentation is a joint collaboration of CMMHC Wellness Committee and Trauma Informed Care Implementation Team. CMMHC is dedicated to support the staff and community that help our clients heal. Please join us to identify and monitor indicators and symptoms of secondary traumatic stress conditions and their impact. Participants will learn to recognize important differences among vicarious trauma, secondary traumatic stress, compassion fatigue, and burnout and their implications for job performance. We will address strategies to prevent and diminish the effects of secondary stress conditions. This session will address organizational culture and environment and provide meaningful methods for addressing work load and organizational response strategies. By the end of the session, participants will be able to achieve the following Learning Objectives:

1. Recognize important differences between secondary traumatic stress, compassion fatigue, vicarious trauma, and burnout.
2. Be able to identify potential predictors and specific indicators of these conditions.
3. Become more cognizant of the adverse effects these work-related conditions may have on individual workers, those they serve, and the organizations that employ them.

Angela is the Family Services Director at CornerHouse. She received a bachelor's degree in global studies and a master's degree in social work from the University of Minnesota. At CornerHouse, she oversees client advocacy, case management, and psychotherapy to children and families affected by trauma, largely referred to CornerHouse for forensic interviews after disclosure of child sexual abuse. Angela is a Community Adjunct Faculty member at the University Of Minnesota School Of Social Work. She previously worked as the Director of Client Services at Domestic Abuse Project, consultant/ psychotherapist at Lutheran Social Services- Refugee Services, and as a psychotherapist with The Center for Victims of Torture.

At the Monticello Community Center, Mississippi Room

When: May 21st Session 1: 9 to 11 or Session 2: 1 to 3



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For questions, please contact: Steven Loos, Psy.D, LP

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Non-CMMHC attendees are encouraged to register at cmmhc.org using the "Conference Registration" link to guarantee your spot. The cost is \$25.00 for non-CMMHC attendees, see our website for payment information.