CENTRAL MINNESOTA
CMMHC
MENTAL HEALTH CENTER

SHERI TESCH

Sheri Tesch is a School Linked Mental Health (SLMH) Therapist and the Program Manager of the School Linked Mental Health Program at Central Minnesota Mental Health Center (CMMHC). She completed her bachelor's degree in Psychology at the University of Minnesota, Duluth, her master's degree in Child and Family Studies at St. Cloud State University, and her post-graduate degree in Marriage and Family Therapy at St. Cloud State University. She has worked with individuals across their life spans to identify and support good mental health.