ADOLESCENT
Substance Use Disorder Treatment

Outpatient program for adolescents ages 12-18 enrolled in school and diagnosed with a substance use disorder.

This program focuses on realistic changes that promote a healthy lifestyle by identifying triggers for substance use and developing coping mechanisms to replace unhealthy behaviors and habits. Participants learn and practice pro-social activities and behaviors that exclude the use of alcohol and other drugs.

Teen Group
4:00 pm - 5:15 pm
Mondays, Tuesdays, and Thursdays

Family/Concerned Person Group
(May attend with teen)
4:00 pm - 6:00 pm
Wednesdays

Please note: CMMHC Adolescent Outpatient services are in-person services in Buffalo, MN, with limited ability for telehealth options.

CENTRAL MINNESOTA
CMMHC
MENTAL HEALTH CENTER

To attend this group, please contact our CMMHC Buffalo campus at (763) 682.4400.