



Are you an adult living in Sherburne County?

Are you battling loneliness, isolation, challenges with mental health or lack of community/peer support?

You're Invited to our **FREE** events!!



These events will be taking place in the Maple Room at Sherburne County Government Center

**March 18
1-2:30PM**

Popcorn and puzzles with Peach

Meet Peach the Therapy Dog, enjoy popcorn, puzzles, and chat

**April 15
1-2:30PM**

Card Club

Cribbage, rummy, Skip-Bo and more! Join for friendly competition and fun!

**May 20
1-2:30 PM**

May is Mental Health Month!

Mindfulness May

Join us for mindfulness activities and mental health speaker

**June 17
1-2:30 PM**

Bingo and Bonding

Play bingo, win prizes, bond with one another.



Questions? RSVP? Contact us at:
CSP@co.sherburne.mn.us or 612-584-8017

Childcare is available through the YMCA Childcare on the second floor at this location

13880 Business Center Drive NW Elk River, MN
<https://www.co.sherburne.mn.us/>





Are you an adult living in Sherburne County?

Are you battling loneliness, isolation, challenges with mental health or lack of community/peer support?

You're Invited to our **FREE** events!!

These events will be taking place at the **1010 Community Outpost Building (1114 9th Ave. SE St. Cloud, MN 56303)**

March 25
5:30– 7 PM

Popcorn and puzzles with Peach

Meet Peach the Therapy Dog, enjoy popcorn, puzzles, and chat

April 22
5:30– 7 PM

Card Club

Cribbage, rummy, Skip-Bo and more! Join for friendly competition and fun!

May 27
5:30– 7 PM

May is Mental Health Month!

Mindfulness May

Join us for mindfulness activities and mental health speaker

June 24
5:30–7 PM

Bingo and Bonding

Play bingo, win prizes, bond with one another.

Questions? RSVP? Contact us at:
CSP@co.sherburne.mn.us or **612-584-8017**

<https://www.co.sherburne.mn.us/>